



*Wisdom. Compassion. Integrity.*

## **MoviPrep® Instructions**

**If you tend to be constipated or sometimes need a laxative, take 2 tablespoons of milk of magnesia at 8:00 PM for 3 consecutive days prior to your procedure.**

**On the day prior to your procedure:**

**In the morning empty one pouch A and one pouch B into the disposable container. Add lukewarm (tap) water to the top line of the container. Mix to dissolve. Refrigerate.**

**At 6:00 PM – Begin drinking the MoviPrep solution. Every 15 minutes drink the solution down to the next mark on the bottle (approximately 8 ounces) until the full liter is complete. You may start going to the bathroom after only a couple of glasses, but be sure to drink ALL of the solution.**

**Drink 16 ounces of the clear liquid of your choice. Continue to drink clear liquids until bedtime.**

**Prepare the second container of MoviPrep and refrigerate.**

**At 8:30 PM: Begin drinking the second container of MoviPrep, following the same directions as above.**