



Wisdom. Compassion. Integrity.

MoviPrep® Instructions

If you tend to be constipated or sometimes need a laxative, take 2 tablespoons of milk of magnesia at 8:00 PM for 3 days prior to your procedure.

On the day prior to your procedure:

In the morning empty one pouch A and one pouch B into the disposable container. Add lukewarm (tap) water to the top line of the container. Mix to dissolve. Refrigerate.

At 6:00 PM – Begin drinking the MoviPrep solution. Every 15 minutes drink the solution down to the next mark on the bottle (approximately 8 ounces) until the full liter is complete. You may start going to the bathroom after only a couple of glasses, but be sure to drink ALL of the solution.

Drink 16 ounces of the clear liquid of your choice. Continue to drink clear liquids until bedtime.

Prepare the second container of MoviPrep and refrigerate.

At 8:30 PM: Begin drinking the second container of MoviPrep, following the same directions as above.