



Wisdom. Compassion. Integrity.

Magnesium Citrate and Bisacodyl Prep

Between 4:00 PM and 6:00 PM on the day before your procedure, drink three (3) chilled (+ice) 10 ounce bottles of magnesium citrate over 45-60 minutes.

When drinking bottle one, take three (3) 5 mg tablets of bisacodyl (Dulcolax®, Correctol®, or generic).

Magnesium citrate and bisacodyl can be bought at any pharmacy without a prescription. Do not get the RED magnesium citrate.

If you become nauseated, stop for 15 minutes then resume at a slower pace.

If stool debris is seen, give a tap water enema before bed or in the morning before you arrive.