

Instructions For Preparing For Your Endoscopy (ĕn-dos'cō-pē)

After careful assessment your doctor has recommended you have an upper GI endoscopy. During this procedure, a flexible, fiberoptic tube (endoscope) will be passed through your mouth and throat to examine your upper digestive tract.

Your Procedure Is On: _____ Check In Time Is: _____ Procedure Time Is: _____

YOU WILL NEED SOMEONE TO DRIVE YOU HOME.

Your Procedure Location Is:

_____ **Galen East Gastroenterology**

Located on Gunbarrel Road behind Women's East, on the ground level of the HealthPark building in Suite 102, next to Moore & King Pharmacy. The phone number is 423-308-0390.

To expedite the registration process at Galen East Gastroenterology, you may complete your registration form prior to arrival by going to www.galenmedical.com. Click on Galen Patient Registration Form, print out and complete both pages, and bring the form with you.

You will receive a phone call from your scheduled facility regarding your procedure. They will obtain a medical history including all medications that you are taking and any previous surgeries you have had. If you do not receive a call two or three days before your procedure, please contact the facility at the number above Monday through Friday 7:00 A.M. to 3:00 P.M.

_____ **Plaza Surgery Center (Erlanger Baroness Campus)**

Park in valet parking at the Erlanger Medical Mall. Enter through the main doors to the Erlanger Medical Mall. Validate your parking ticket at the Valet Parking Desk on your left so you can park at no charge. Proceed to the Plaza Center Waiting Room. The phone number is 423-778-2498.

_____ **Memorial North Park Hospital**

Located on Hamill Road near Highway 153. Enter through the emergency room entrance and sign in at the registration desk. The phone number is 423-495-7389.

To prepare for your endoscopy it is important that you do not eat or drink anything after midnight the night before your procedure.

MEDICATION INSTRUCTIONS:

Do not take these medications for **five (5)** days before the endoscopy:

Aspirin	Bextra®	Motrin®	Vitamins
Goody's®, BC®,	Advil®	Naprosyn/Naproxen®	Herbal Supplements
Stanback®, etc.	Iron	Celebrex®	
Aleve®	Ibuprofen	Anaprox®	

Do not take anything for arthritis, pain or headaches other than Tylenol® without consulting with our offices first.

If you are on one of these medications, call our office for instructions:

Coumadin®/Warfarin*	Ticlid®	Pletal®	Plavix®
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* If you take Coumadin® or Warfarin, you will need to have your Protime/INR (lab) drawn the day before the procedure.

If you take Glucophage® or Metformin for diabetes, you should stop **24 hrs. (1) day** prior to your endoscopy.

If you are an insulin dependent diabetic, you need to contact your diabetes doctor ahead of time to let your doctor know about the procedure. Your doctor's office will be able to tell you how to adjust your insulin.

Please take your heart and blood pressure medication with a small sip of water the morning of your procedure. **Otherwise, do not eat or drink anything after midnight the night before the procedure.**

Please make arrangements to have someone drive you home.

If you have any questions regarding your prep or procedure, please call your gastroenterologist's office.

After the procedure, the doctor will talk to the family; if a biopsy was not taken he will tell them the results at that time. If a biopsy was taken during your procedure, the results will be back in five to seven days. You will then receive a call or a letter with the results as necessary. If the doctor thinks there is an emergency, you will be called immediately.

Thank you for allowing us to take care of you.